














































# Allergenen + vlees/bouillon in de warme maaltijden

| Datum +<br>Bereiding |  GLUTEN |  SCHAALDIEREN |  EI |  VIS |  PINDA'S |  SOJA |  MELK |  NOTEN |  SELDERIJ |  MOSTERD |  SESAMZAAD |  ZWAVELDIOXIDE |  LUPINE |  WEEKDIEREN |  VLEESSOORT |        |
|----------------------|--|--|--|---|---|---|--|---|--|---|---|---|--|--|--|--------|
| 27/2/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Courgettesoep        |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Kipballetjes,saus    | Tarwe  |  | X  |   |   | X   |  |   | X  | X   |   |   |  |  |  | Kip    |
| Groentepuree         | k.b.   |  | k.b.   |   |   | k.b.  | X  |   | X  | K.B.  |   |   |  |  |  |        |
| 28/2/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Preisoep             |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Brochette,saus       |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  |  | Varken |
| Groentes             |  |  |  |   |   |   |  |   | X  |   |   |   |  |  |  |        |
| Rijst                |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| 2/3/23               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Wortelsoep           |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Carbonara            | Tarwe  |  | X  |   |   | X   | X  |   | X  | X   |   |   |  |  |  | Varken |
| Spaghetti            | Tarwe  |  | X  |   |   |   |  |   |  |   |   |   |  |  |  | k.b.   |
| 3/3/23               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Champignonsoep       |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
| Kipfilet,saus        |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  |  | Kip    |
| Wortel & erwt        |  |  |  |   |   |   |  |   | X  |   |   |   |  |  |  |        |
| Aardappelen          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |        |
















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|----------------------|--|--|--|---|---|---|--|---|--|---|---|---|--|--|--|
| 6/3/23               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Bouillonsoep         |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Stoofpot             |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  | Varken   |
| Rijst                |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| 7/3/23               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Aardappelsoep        |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Kipworst,saus        |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  | Kip  |
| Appelmoes            |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Aardappel            |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| 9/3/23               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Tomatensoep          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Met balletjes        | Tarwe  |  |  |   |   | X   | X  |   |  |   | X   |   |  |  | Gevogelte  |
| Gebraad, saus        |  |  | X  |   |   | X   | X  |   | X  | X   |   |   |  |  | Kalkoen  |
| Perzik               |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Bolletjes            |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| 10/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Seldersoep           |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Bolognaise           | Tarwe  |  | X  |   |   | X   |  |   | X  |   |   |   |  |  | Varken/rund  |
| Spaghetti            | Tarwe  |  | X  |   |   |   |  |   |  |   | k.b.  |   |  |  |  |
















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|----------------------|--|--|--|---|---|---|--|---|--|---|---|---|--|--|--|
| 13/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Currysoep            |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Kipblokjes, saus     | Tarwe  |  |  |   |   |   |  |   | X  | X   |   |   |  |  | Kip, kalkoen   |
| Puree                | k.b.   |  | k.b.   |   |   | k.b.  | X  |   | k.b.   | k.b.  |   |   |  |  |  |
| 14/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Bouillon, pasta      | Tarwe  |  | X  |   |   |   |  |   | X  |   |   |   |  |  |  |
| Boomstam,saus        | Tarwe  |  | X  |   |   |   |  |   | X  | X   |   |   |  |  | Varken/rund  |
| Witte bonen          | Tarwe  |  |  |   |   |   |  |   | x  |   |   |   |  |  |  |
| Aardappelen          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| 16/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Venkelsoep           |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Ham kaassaus         | Tarwe  |  | X  |   |   | X   | X  |   | X  |   |   |   |  |  | Varken   |
| 17/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Courgettesoep        |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
| Kipgyros             |  |  | X  |   |   | X   |  |   | X  | X   |   |   |  |  | kip  |
| Rijst                |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
|                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |
|                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |

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|----------------------|--|--|--|---|---|---|--|---|--|---|---|---|--|--|--|-------------|
| 20/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| champignonsoep       |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Grilworst, saus      | Tarwe  |  | X  |   |   | X   | X  |   | X  | x   |   |   |  |  |  | Kip         |
| Krielaardappelen     |  |  |  |   |   |   |  |   | X  |   |   |   |  |  |  |             |
| Rauwkost             |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| 21/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Preisoep             |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Vogelnest,saus       | Tarwe  |  | X  |   |   | X   | k.b.   |   | X  | X   |   |   |  |  |  | Varken/rund |
| Wortelpuree          | k.b.   |  | k.b.   |   |   | k.b.  | X  |   | k.b.   | k.b.  |   |   |  |  |  |             |
| 23/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Paprikasoep          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Mignonetje,saus      |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  |  | Varken      |
| Aardappelen          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Boontjes             |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| 24/3/23              |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Groentesoep          |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| 4-kazensaus          | Tarwe  |  | X  |   |   | X   | X  |   | X  | X   |   |   |  |  |  | Vegetarisch |
| Spirelli             |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
|                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |

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|------------------------------|--|--|--|---|---|---|--|---|--|---|---|---|--|--|--|-------------|
| 27/3/23                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Kervelsoep                   |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Vol-au-vent                  | Tarwe  |  | X  |   |   | X   | X  |   | X  | X   |   |   |  |  |  | Kip         |
| Puree                        | k.b.   |  | k.b.   |   |   | k.b.  | X  |   | k.b.   | k.b.  |   |   |  |  |  |             |
| 28/3/23                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| tomatensoep<br>met balletjes | Tarwe  |  |  |   |   | X   | X  |   |  |   | X   |   |  |  |  | Gevogelte   |
| Worst,saus                   |  |  |  |   |   |   |  |   | X  | X   |   |   |  |  |  | Varken/rund |
| Appelmoes                    |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Aardappelen                  |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| 30/3/23                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Wortelsoep                   |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Bolognaise                   | Tarwe  |  | X  |   |   | X   |  |   | X  | X   |   |   |  |  |  | Varken/rund |
| Spaghetti                    | Tarwe  |  | X  |   |   |   |  |   |  |   | Kb  |   |  |  |  |             |
| 31/3/23                      |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |
| Bouillonsoep                 |  |  |  |   |   |   |  |   | X  |   |   |   |  |  |  |             |
| Gyros                        |  |  | X  |   |   | k.b.  |  |   | X  | X   |   |   |  |  |  | Varken      |
| Frietjes, sla                |  |  |  |   |   |   |  |   |  |   |   |   |  |  |  |             |